

Are you dating an emotionally unavailable man?

If you are, prepare yourself to be in emotional turmoil. In the initial stages he will make a real effort to win your heart, and once he's convinced you, and made it known he wants an exclusive relationship with you. It's then you begin to see the full extent of his emotional roller-coaster games to keeping him in prime position of control. For women who have dated a man like this, they don't always notice the power games initially, which is easy if you have become involved, and for some who may have noticed, often turn a blind eye as they want to believe it could be something special. Also, some women choose to use selective hearing, meaning she does not listen to the signs she's witnessing.

Here are 5 signs to note:

- i. He MAY say he's NOT ready for a relationship or looking for anything serious
- ii. He's very attentive, says you're soulmates - but then adds THE ABOVE (1)
- iii. Pushes for exclusivity after a few dates, then runs cold or vanishes
- iv. He makes very little contact in between dates ONCE you've become hooked
- v. He won't arrange dates, weekends away ahead or CANCELS last minute

FROM the moment you become totally involved or appear you are falling or have fallen for him, it's then your heart and mind will be bounced around like a squash ball. He has to be in total control, which is why he will constantly run HOT and COLD.

Does he make you feel you are the only woman in the world? An emotionally unavailable man or woman initially acts like they want a relationship. Which is WHY many women fall for such a man, as he's a master at convincing you, you're special, he's never felt this way before. He will be so attentive, that even IF he has said “ He's not ready for a relationship” you will IGNORE this, as his actions indicate something else to you.

This is where the confusion starts.



You start to veer from confusion to being convinced he's the one. But along the way you start to see a mixture of PRAISE and then PUT DOWNS. The put downs will be something he thinks will give him power over you, an edge, regardless how small they are. In fact from his point of view, smaller the better, as he can then excuse himself for such tactics. But it will be something that he's picked that will subtly erode your confidence bit by bit, which leaves you questioning IF you are good enough. Which is EXACTLY what he wants. He is a master of manipulation and control. If he feels he's losing that, he will distance himself from you, so you feel further confused, which of course keeps you on a leash of control.

THE FIRST FEW DATES OR UNTIL HE'S SURE YOU ARE HOOKED ON HIM

He'll open doors, send flowers, emails, call, text, says he's never felt like this before. Then when you are truly sucked in by his attention and you decide to take the relationship to the next stage - you decide it's time to cement your relationship. You set the scene, you invite him over to share YOUR personal space, your home as a measure of YOUR commitment to the relationship growing, you pop the champagne, and next morning, you feel as though you're walking on air, and then the real power games begin..

THE PUSH PULL GAME NOW BEGINS TO KEEP YOU CONFUSED

The PUSH, PULL game starts, he now knows he has you, he has achieved what he wanted, by no means do I mean just sex, no, as that would be easy for him to find that, if that was all he wanted, but he doesn't, as that wouldn't build his ego. He has such an EGO, sex itself is not what makes him feel control and power, it's the fact he's actually convinced you that HE is what he has DISPLAYED and SAID he felt, but of course he's not emotionally mature enough to really let a relationship grow. Only for you, you are still in the throws of how he's never felt like this before. Every woman needs a man whose words and actions follow - what he says, he shows in actions where trust and consistently reliable behavior builds and deepens your romantic and emotional intimacy. A keeper will never put you down, only help to secure your confidence further, not because he needs to, just because he loves you in a way that makes you feel good!

Many women will or have dated an emotionally unavailable man, and will recognize these traits, but if you're in the throws of such a relationship it can make you feel it's you that is at fault, as he's likely to tell you, it's the wrong time, or he's just too busy to concentrate on a relationship right now - well, if a man hasn't the time to include a woman in his life, then he's not ready to date let alone attempt a relationship, so if that is what he's saying, he should look for a woman who provides services without commitment.



Such men, when it comes to marriage, or even a hint of it, back out or may even vanish completely without warning or explanation. They have a great fear of getting tied to a one woman for life. They usually have had a string of relationships, brief relationships as no woman is right, good enough, or just not the one - often you see this in men who have never married by the time their 50, they always run away from the idea of marriage. Their relationships never have fairy-tale endings but littered with heartache.

However, be warned, they don't hesitate to play the perfect lover. They go out of their way to make their women feel special. Wooing them with all the passion that they can command. So the question you need to ask yourself whenever you wonder IF he's really really keen, because one minute he blows hot, the next he's running cold, never knowing if he's just going to vanish or show up - when all of sudden he blows hot again, and so the whole roller coaster ride takes off again. You need to find all the strength you have to walk away, as he will never be the man who's words and actions follow.