

# Dating safety and Tinder, is Tinder really safe?

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As a relationship and dating coach I know women are finding it harder and harder to meet really genuine, commitment minded men. Equality is a wonderful thing, but I wonder if women have really found equality, or merely just made themselves more like men. Equality in pay, opportunities, education, to travel, being independent and making one's own decisions without the need for financial support from a man is what equality should be about. However; women over the last 20 years have also tried to change how "we" subconsciously and consciously choose partners. How men and women are hard wired through millions of years of the genome map, are attracted to the opposite sex. Women have tried to change this, not intentionally, but certainly by trying to change a lot of the "man, woman dynamics" of dating and romance. From achieving the same sexual freedom as men have always had, but also the little things, such as chivalry old fashioned manners, opening doors etc, have almost been eradicated, these simple gestures that created "opposite dynamics", women have seen as being a form as being seen as the weaker sex. This is not the case, but, what has happened "out of the boardroom and work environment" women demonstrate more masculine energies, and have made themselves more open to casual intimacy, just like men, and in doing so, they have created an ease at which some men expect intimacy as soon as share dinner with you.



We now have a generation of men and women not committing to long term relationships until much later in life, but this has had a knock on effect for women far more than men. Regardless of how we crave or believe we can all be "equal" we cannot, women to a certain degree will always be not as physically strong as men, this does not make a woman inferior or less equal, each has their own strengths, and it is this that has been lost in the constant desire to be exactly equal. All women have done where relationships are concerned is made themselves more

available sexually, and for the sake of this article, made themselves far more easily overlooked for someone else. Sex is readily available via such apps as Tinder, Bumble, Grinder or Badoo, and anyone who thinks "most" men that go on these apps are looking for the love of their life are sadly wrong.

Like many, men and women are using these apps as a way of meeting people for fun, casual sex, which is fine if that is what you want, no one should ever judge. But what this has done, is change the way men no longer need to actually date a woman, how he has become accustomed to years of these types of apps meeting women, who, just like him are willing to have sex with someone they barely know. So now we have women in their 30's and early 40's who have perhaps tired of this dating style, or perhaps now really want to find a genuine man, a husband and is now being faced with men who expect sex on a first date, and if not on the first, by date three, and he has no need to hang around, as he knows all he has to do is check out TINDER.

This latest tragedy to come from the use of Tinder of the horrific and horrendous murder of poor Grace Milane is absolutely heart rendering. And when you have dating blogs like "lucygoesdating" that openly think it's ok for women to meet men for sex they hardly know, worries me. We are actually disarming women of any natural protective instincts, where meeting men for sex without any prior knowledge of them, is ok, it's fun. I read such an article on lucygoes dating, and it surprised me even with this latest tragedy how women are responding to the article in such a glib way as though it's the norm for women. This thinking has stripped women of what they once would have considered a dangerous situation to put themselves into. That to me is NOT wise or making women equal, it is de-sensitizing them to the fact they are putting themselves in a situation where they are alone with someone they do not know, if they have criminal record, if they are a rapist, if they are violent, if they use Tinder as a predator as they know females on Tinder are more likely to be prepared to meet a stranger for casual intimacy- for me, it's madness.



Women today are finding it harder and harder to find a commitment minded man who is not expecting to jump between her legs within a few hours. I hear this all the time from women who come to me looking for a loving, equal and committed relationship. Every woman has the right to do as she pleases when and with whom, but after this horrific murder of Grace Millane, meeting a man of Tinder and within hours of not knowing anything about him, how trustworthy he was, she was going back to a hotel room for sex - the outcome was incredibly tragic, one which has happened more than once with such apps where women are placing their safety in jeopardy.

Just Google Tinder and Grinder dating safety, and you will see the issues with such apps. There are predators and dangerous people everywhere, you can come across them in everyday situations, they could work with you....but to put yourself on an app where you are willing to exchange mobile numbers, meet and go back to either a hotel room or their residence, you are opening yourself up to being alone with someone who knows you are not doing your homework on what the guy is really like. IF he is dangerous or has the potential to be, the female will not learn this in a matter of a few hours over cocktails, he will be slick, convincing and very plausible, predators are. This may be controversial for the 21st century, but if it makes just woman think before she steps into a room with a man she does not know, or prevents yet another tragic incident, cutting a beautiful young woman's life short and a lifetime of heartbreak for her family, then so be it.

## TOP TIPS NOT TO IGNORE

# DATE FROM HELL Woman flees home after Tinder date from hell pulls out knife, trashes her Perthshire flat and brags about role in brutal homophobic murder

Alexander Kindred, 26, staged a siege for several hours in his victim's home and caused her to flee in tears

By Sam Bryant

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1. Keep your friends and family in the loop of who and where you're meeting, get them call you if need be, one in. ...Never, get in anyone's car, arrive and leave alone.
2. Any gut feeling something is not right, it's usually accurate, we have a built in radar system to sense when we might be in danger, don't ignore it.
3. Meet in a safe, open, very public place. Never leave your food or drink unattended, take it with you to the ladies, if he comments, tough, let this be a warning, as everyone is aware of the dangers of drinks being spiked, and so should your date.
4. Limit alcohol consumption, full stop. This is just a first meeting to see if you have some chemistry and common ground, you are NOT actually dating, even if you have communicated for weeks online or via text - You do NOT know this person.

5. Don't give out your personal details, surname, home address, work address, nothing that could lead back to you if find yourself meeting someone questionable.
6. Everyone seems to have mobile phones these days, it makes communication easy with various apps, like WhatsApp and text, but a mobile is not a landline, and landlines you have to have fixed address, so see how easy or uneasy your date is with perhaps sharing a landline with you.
7. Never sext before meeting, never, never, never, can't make that clearer, if you do, you're playing a dangerous game, as you're indicating that before even meeting someone in person you are willing to be sexually intimate, predators love this.
8. Never let anyone send you nude images, body part images at anytime, but even more so when you have not established a long standing relationship and you know and feel safe with the person.
9. If you're genuinely looking for a relationship that could lead to something meaningful, then take your time to meet and get know your date. Never be pressurized into having sex early, never be coerced into sex by your date saying they expect to have sex by the third date at least. NO!
10. NEVER EVER HAVE SEX WITH ANYONE WITHIN A FEW HOURS OF MEETING!